



Who we are

Our website address is: www.jcdlogisticsinc.com and www.healthfoodscanada.com

What personal data we collect and why we collect it

Comments

When visitors leave comments on our web site we collect the data shown in the comments form, and also the visitor's IP address and browser user agent string to help spam detection.

We do not gather any personal information of the user accessing www.jcdlogisticsinc.com and www.healthfoodscanada.com websites except when they willingly subscribe to a specific service and are asked to provide such information.

Non-disclosure of personal information

We do not collect any user personal information during web browsing.

An anonymized string created from your email address (also called a hash) may be provided to the Gravatar service to see if you are using it. The Gravatar service privacy policy is available here: <https://automattic.com/privacy/>.

After approval of your comment, your profile picture is visible to the public in the context of your comment.

Only the employees, representatives or officers of JCD Group responsible for the management and development of the site have access to the information collected there. These employees, representatives or officers all have been instructed to comply with the policy in force with respect to confidentiality.

Media

If you upload images to the website, you should avoid uploading images with embedded location data (EXIF GPS) included. Visitors to the website can download and extract any location data from images on the website.

Contact forms

Cookies

“Cookies” are small text files copied to your hard disk from our website. “Cookies” used by us enable us to identify you as a unique visitor without retaining your IP address, recognize your browser (the software you use to surf the Internet) and operating system when you visit our websites. These “Cookies” mainly help us offer better service by making it possible to personalize the content of the website and are used for statistical purposes to keep track of the number of visits to its website with a view to introducing improvements. In compliance with the Notice and Access rules of the Canadian Securities Administrators, JCD Group does not use cookies on its websites that would allow any of its websites to identify you personally.

If you leave a comment on our site you may opt-in to saving your name, email address and website in cookies. These are for your convenience so that you do not have to fill in your details again when you leave another comment. These cookies will last for one year.

If you visit our login page, we will set a temporary cookie to determine if your browser accepts cookies. This cookie contains no personal data and is discarded when you close your browser. When you log in, we will also set up several cookies to save your login information and your screen display choices. Login cookies last for two days, and screen options cookies last for a year. If you select "Remember Me", your login will persist for two weeks. If you log out of your account, the login cookies will be removed.

If you edit or publish an article, an additional cookie will be saved in your browser. This cookie includes no personal data and simply indicates the post ID of the article you just edited. It expires after 1 day.

Embedded content from other websites

Articles on this site may include embedded content (e.g. videos, images, articles, etc.) or may contain hyperlinks enabling users to visit sites maintained by other companies. Embedded content from other websites behaves in the exact same way as if the visitor has visited the other website.

These websites may collect data about you, use cookies, embed additional third-party tracking, and monitor your interaction with that embedded content, including tracking your interaction with the embedded content if you have an account and are logged in to that website.

JCD Group has no control over these sites and is not responsible for those listed on its site. Any information you transmit to these sites will be subject to confidentiality policies applicable to those sites.

Risks associated with the internet

Despite our efforts to ensure third parties will not access or obtain personal information concerning you through its websites, complete confidentiality and security cannot be guaranteed currently on the Internet.

Communication via the Internet is subject to interception, loss or alteration. You acknowledge and agree that JCD Group cannot be held responsible for damages resulting from the transmission of confidential information or personal information over the Internet and that such communications are at your own risk.

Reservations

JCD Group reserves the right at any time and without prior notice to modify this policy with respect to confidentiality. Please refer to it at any time on our site.

Analytics

Who we share your data with

Except as provided in this paragraph, we do not divulge to third parties personal information gathered on any of its websites, unless it obtains your authorization to do so or in particular circumstances. Moreover, we do not sell our websites' user lists.

How long we retain your data

If you leave a comment, the comment and its metadata are retained indefinitely. This is so we can recognize and approve any follow-up comments automatically instead of holding them in a moderation queue.

For users that register on our website (if any), we also store the personal information they provide in their user profile. All users can see, edit, or delete their personal information at any time (except they cannot change their username). Website administrators can also see and edit that information.

What rights you have over your data

If you have an account on this site, or have left comments, you can request to receive an exported file of the personal data we hold about you, including any data you have provided to us. You can also request that we erase any personal data we hold about you. This does not include any data we are obliged to keep for administrative, legal, or security purposes.

Where we send your data

Visitor comments may be checked through an automated spam detection service.

Consent

By browsing our websites, you consent, without qualification, to the current policy with respect to confidentiality.

Web Customer Service

For any question concerning our current policy respecting confidentiality, please contact Customer Service at the following address: web@jcdlogisticsinc.com